



Centered

The Newsletter of David Lawrence Center & Foundation



Crossroads Expands, Moves into Beautiful, New Space

From the CEO David Schimmel



Over the summer, the Crossroads residential substance abuse clients and staff moved into a beautiful, new renovated space on the Center's main campus. The renovations, thoughtfully designed by PK Studios and carefully constructed by Gulf Coast Construction, brought balance to nature and environmentally conscience structural design.

The most integral part of the project was to incorporate the addition of two beds bringing the total capacity to 18. Throughout the design phase, the goal was to maximize the space, while creating a soothing, comfortable therapeutic environment that improves mental health

and wellbeing and reduces or eliminates environmental stressors while clients live onsite with us for an average of three to five weeks. While in our care, each person works with an expert, dedicated professional team of chemical dependency specialists to create a personalized treatment plan which includes participation in intensive, psychoeducational group therapy, individual and family counseling, 12-step groups, psychiatric services and structured recreation including yoga, meditation, swimming, basketball and walking.

This beautiful new space has been enhanced to mirror the exceptional, high-quality treatment services our clients receive. Each beautifully appointed bedroom has four beds with the exception of a new two-bed, semi-private room. Incorporated into the modernized redesign, all rooms now have a living room area with a TV and a large bathroom with neutral porcelain tile and dark maple finished cabinetry. The space includes new private treatment offices, private access to the new Serenity Garden, all new furniture and a larger common room for dining, recreation and group. And now that we're all moved in, we have recently partnered with one of our Foundation's generous in-kind donors, Marla Ottenstein, Professional Organizer Florida, to put the final touches on organizing the kitchen area.

Enhancing the therapeutic environment while expanding the Crossroads program was critical to meet the increased demand for high-quality substance abuse treatment in Southwest Florida and make chemical dependency treatment more accessible to those in need. Our goal is to create a life-changing and life-lasting recovery opportunity for individuals and their loved ones and we wanted an environment that welcomed and encouraged people through that process. We hope you'll join us for a tour this season to see firsthand the amazing work being done within this greatly enhanced space of which we are all very proud.



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Center Events

Partners in Recovery Honored During Recovery Month Awards Ceremony

In honor of National Recovery Month, held every September, the David Lawrence Center in partnership with dedicated volunteers from our Alumni Association hosted an awards ceremony to honor several "Partners in Recovery" in our community. Recovery Month celebrates the millions of Americans whose lives have been transformed through recovery and acknowledges those who empower and support them. The following partners believe strongly in second chances and recognize each individual's ability to overcome adversity:



Bonnie Fredeen, GERALYN POLETTI, Helen Kathryn Burrows (David Lawrence Center)

Helen Kathryn (Katie) Burrows

Katie Burrows, the David Lawrence Center Forensic Services Clinical Supervisor, was honored for the compassionate role she plays connecting adults with mental illness and substance abuse problems who have been arrested with a variety of services needed to regain their stability. Burrows is cherished and praised by her peers, clients and professional community partners, for truly embracing the recovery model and believing that everyone can recover if given the right chances, supports, dignity and hope.



Mary Ann Duvall, Christine Miles, Jacqueline Glasgow (Bala Vinyasa Yoga)

Bala Vinyasa Yoga

Bala Vinyasa Yoga was recognized for making a big difference in the lives of Crossroads clients who travel to their beautiful studio each week for a yoga class. These generously donated classes create a peaceful union between their body, mind and spirit helping the addict dismantle their compulsive behaviors and triggers, achieve self-confidence and learn physical and mental self-control. Our clients will benefit for the rest of their lives from the invaluable gift of coping skills that Bala Vinyasa has taught them.



Kathleen Hawryluk (Naples Garden Club), Joyce Fletcher, Andy Baldwin (Trinity-by-the-Cove Episcopal Church)

Naples Garden Club and Trinity-by-the-Cove Episcopal Church

These generous donors were honored for their financial contributions that provided "seed" money to build the new Serenity Garden. Their investment in this beautiful, Zen-like environment supports the recovery process by creating a space that enables social supports and provides positive distractions for individuals in treatment giving them access to the uplifting benefits of daylight, nature and the beautiful Naples weather.

Sondra Quinn (Naples Garden Club)



Martha and Joel Gonzalez (Tropical Hair)



Honorable Janeice Martin, Helen Kathryn Burrows (David Lawrence Center)

Tropical Hair

Tropical Hair Salon was honored for their unwavering support of several of their employees as they sought treatment and worked through their recovery. When an employer like Tropical Hair helps an individual maintain employment or takes a chance on hiring someone with a history of addiction, they are sending the message that recovery is possible proving that when you offer individuals hope, encouragement, faith and opportunities they can break the cycle of abuse.

Nancy Morrow Harvey

Nancy Harvey, an artist who maintains her recovery from bi-polar disorder by giving back to the community and through the healing powers of art, was honored for her extensive multi-year artistic contributions to DLC. Nearly 50 of her donated paintings now adorn our halls, common areas, offices and treatment spaces helping create a calm, warm, less threatening environment for clients. In addition, she donated her time to teach Crossroads clients art classes and created several custom, theme oriented pieces for the Foundation's gala.



Nancy Harvey's artwork appreciated by students at Child's Path Preschool

Success Story

Child Overcomes Adversity One Hurdle at a Time



Tori is a proud, beautiful 10-year-old track and field star who, despite being faced with difficult medical issues, devastating loss and terrible bullying, is tackling her challenges in individual and family therapy one hurdle at a time... and winning.

Tori's struggles began in school when she was diagnosed with ADHD which made it difficult for her to focus and gave her anxiety during tests. Soon after, her mother noticed she was sleeping all the time and was extremely hard to wake. She was diagnosed with narcolepsy and this too affected her ability to concentrate. Another traumatic incident came when her cousin was murdered one block from her home. But the final blow that caused her the most pain, was the diagnosis of a rare medical condition known as alopecia that made the hair on her head, eyelashes and eyebrows fall out. Kids relentlessly teased her so she fought back with physical and verbal aggression resulting in more problems at school.

Her mother adds, "She just shut down. She sank into a deep depression, didn't want to go to school and lost interest in track. She told me she thought about getting a knife and stabbing herself. I didn't want her hair loss to affect her education." She knew Tori needed help.

Tori was referred to the Title XXI Behavioral Health Network which provides qualified children with severe emotional disorders with family-centered, community based, specialty mental health services. She started weekly individual and family therapy in the home where she was able to talk about her anger, sadness, anxiety, fear and nerves. She began opening up, building her self confidence, expressing herself more and learning how to control her temper.

Tori found solace and confidence in her running again and recently became the youngest local runner to qualify for the Junior Olympic Games. Through the program's wrap around funding for resources determined to enhance recovery, she received financial assistance to travel to New Orleans so she could compete.

Through insightful self awareness, this remarkable young lady wise beyond her years, has made tremendous changes in her attitude and demeanor and has a great sense of pride for all that she has accomplished.

Her mother gratefully adds, "It is unexplainable what it has meant to our family to receive the help we've gotten from the DLC. Things are honestly 150% better. The support we received through this program has been wonderful."

Grant News

Trinity-by-the-Cove Grant Funds Scholarship Medication Program for Disadvantaged Children and Adults

Trinity-by-the-Cove Episcopal Church has generously awarded the Center an \$18,000 grant to fund the Scholarship Medication Program which provides full or partially discounted psychotropic medications to disadvantaged adults and children in acute mental health crises and those with serious mental illnesses who can not afford to pay for their medications.

As the cost of psychotropic medications continues to escalate, this support will help meet the needs of people with mental health problems who are disabled, poor, and without insurance by providing the medications desperately needed to help manage their illnesses and live successfully in the community.



FACTS



Annual Report to the Community out this Month

The 2010-2011 Annual Report of the David Lawrence Center and Foundation will mail this month to all current donors and will be available electronically for the public on our website at www.DavidLawrenceCenter.org. The report features the inspiring innovations, improved access and positive impact our programs are providing our community and the individuals we serve accomplished through the generosity of our donors, volunteers, partners and supporters. If you would like to receive a printed copy, please contact the Foundation at 239-354-1434.

In fiscal year 2010-2011, the David Lawrence Center touched the lives of more children, adults and families in our community than any other time in our history. 30,086 total individuals were served in the following categories: 7,685 in mental health and substance abuse treatment, 13,821 in outreach and prevention services and 8,580 in triage services.

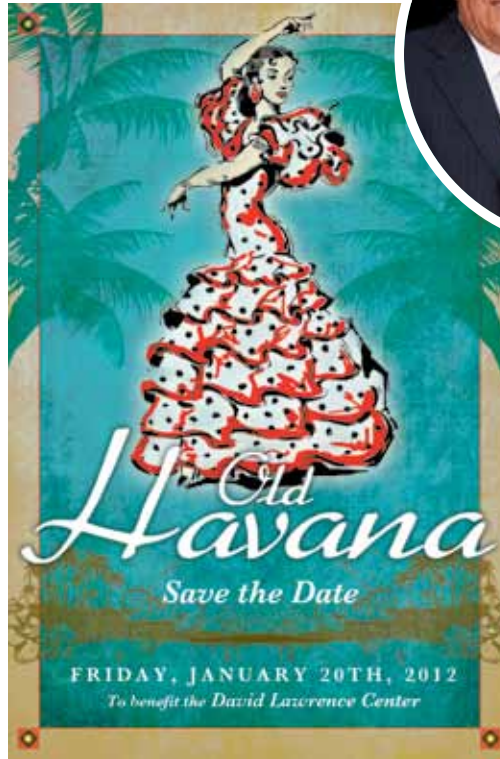
Save-the-Date

Young Executives to Host "Gulf Ball" in December

The David Lawrence Center Young Executives annual event "Gulf Ball" will be held on Saturday, December 3rd at Hamilton Harbor Yacht Club, 7065 Hamilton Ave. in south Naples. The evening will begin at 7 p.m. and include cocktails, hors d'oeuvres, live music and raffles.

The Young Executives is a group of local young professionals who have recently teamed up to help promote the programs and services of David Lawrence as well as to raise funds in support of the organization. This includes speaking on behalf of the organization in the community, holding fundraiser events and organizing social gatherings to generate awareness.

Event tickets cost \$50 per person and sponsorships are available at \$1,000. Tickets can be purchased online by visiting the Upcoming Events page on our website www.DavidLawrenceCenter.org. For additional information, contact Monica Biondo, development director for the David Lawrence Foundation at 239-304-3505.



Gala Honorary Co-chairs Stanley and Elizabeth Star



Make Plans to Spend an Evening in "Old Havana"

Friday, January 20, 2012

The David Lawrence Foundation invites you to spend an evening in "Old Havana" at our signature fundraiser gala on Friday, January 20th at The Ritz-Carlton Beach Resort, Naples.

This annual destination driven event, named the 2011 Best Themed Event by Gulfshore Life Magazine, will transport guests to the Havana social clubs of the 1930s. This gala is pure vintage Cuba, reminiscent of the luxurious hacienda of a rich tobacco or sugar plantation owner. The evening will bring the colorful opulence of Old Havana to Naples represented by Cuban Colonial architecture, colorful buildings and lush courtyards.

The honorary co-chairs for "Old Havana" are Elizabeth and Stanley Star. They are joined by event committee chair Bev Cherry.

Dinner, dancing, live entertainment, and both live and silent auctions will all add to the excitement of this themed event. For those attending, "vintage Havana" attire is welcomed and encouraged. The ladies can come in summery cocktail dresses, while the gentlemen can don cool linen guayaberas, plantation or tropical print shirts with collars, and smart fedoras.

A variety of sponsorship opportunities and levels are currently available. Tickets to the event are \$500 per person, \$1,200 per VIP patron, \$6,000 per host table of 10 and \$10,000 per premier sponsor table of 10. For additional information or to reserve a ticket, contact the David Lawrence Foundation at 239-354-1416.



Foundation Update

Volunteers Participate in "Demolition Day" at David Lawrence

On a hot and humid Saturday over the summer, the David Lawrence Foundation rallied dozens of energetic volunteers representing the David Lawrence Center Young Executives, Fifth Third Bank and Trinity-by-the-Cove Episcopal Church. The groups turned out in force to assist with an interior building demolition project and campus spruce-up program.

The project entailed clearing out the entire interior of the former Crossroads building, which relocated to their new space on the other side of the campus. This included removing all furniture, beds, window blinds and bathroom fixtures as well as carpeting and flooring from a large group room and behavioral technician office.

On the outside, more than a dozen volunteers from Trinity-by-the-Cove cleared underbrush, cut tree branches, weeded and trimmed shrubs on the east side of the campus. The day's activities were capped with a lunch and dessert provided by the Center's kitchen staff.

The value of the work performed exceeded \$6,000. But beyond the monetary savings, the volunteer project showed the variety of ways in which the community can become engaged in supporting the comprehensive mental health and substance abuse services provided by DLC.

Donor News

Pave the Way with David Lawrence

The first round of bricks have officially been installed in the David Lawrence Center Serenity Garden and now you too are invited to create a legacy by purchasing a commemorative brick to honor and celebrate someone special or recognize those dear to you. Each 8" x 4" brick can be engraved with three lines of text, including your family name, a business, someone special's name and sentiment, or in memoriam of a friend or loved one.



Bricks cost just \$100 each and will make a great gift idea for the upcoming holidays. All proceeds will help David Lawrence pave the way to restore and rebuild the lives of many children, adults, families and neighbors in the local community. For further information or to purchase your brick online, please visit the Donate Now page on our website www.DavidLawrenceCenter.org.

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David Lawrence Center is a not-for-profit, 501(c)(3) organization and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. The Center is funded in part by the State of Florida Department of Children and Families (DCF) and the Department of Housing and Urban Development (HUD), Collier County Department of Housing, Human and Veteran Services, and private donations made through the fundraising efforts of the David Lawrence Foundation.

239.455.8500

www.DavidLawrenceCenter.org



Register online to receive our e-newsletter.

Locations

Main Campus

6075 Bathey Lane
Naples, FL 34116

Appointments/24-Hour Emergency Services

239.455.8500

Immokalee Satellite Services

425 North First Street
Immokalee, FL 34142
239.657.4434

Horseshoe Drive Satellite Services

2806 South Horseshoe Drive
Naples, FL 34104
239.263.4013

Employee Assistance Services

3400 Tamiami Trail North, Suite #204
Naples, FL 34103
239.435.0400
www.EASofSWFlorida.com

Child's Path Preschool

3144 Santa Barbara Boulevard
Naples, FL 34116
239.353.4144
www.ChildsPath.org

Encore Resale Shop

3105 Davis Boulevard
Naples, FL 34104
239.775.0032
www.EncoreShops.org



Noble Rescigno and Louisa Tumelaire

Encore Update

Volunteer Raises Funds for David Lawrence One Bite at a Time

Louisa Tumelaire bakes from the heart. The devoted volunteer at the Encore Resale Shop recently held a bake sale in support of the mission and growth of the David Lawrence Foundation.

Louisa is an experienced baker of European cookies and pastries, having learned the art from her father, who was a European Master Baker preparing treats for King Leopold of Belgium prior to World War II and teaching at the renowned Culinary Institute of America. Louisa used these skills in operating a restaurant in Massachusetts prior to moving to Naples in 1999.

Louisa and two other Encore volunteers, Noble Rescigno and Jolene Ventrice, recently set up shop at the Third Street South Farmer's Market. They offered a wide variety of treats for sale, raising more than \$400. They also held a raffle that brought in another \$60. During the sale, they exchanged information about David Lawrence and Encore.

If you missed the sale, don't worry. Louisa can usually be found at Encore on Tuesdays with cookies available for a small donation. Also, she plans to be back at the Third Street South Farmer's Market in March, with proceeds from that sale once again going toward David Lawrence. Encore is always looking for great volunteers just like Louisa. If your interested in learning more about Encore volunteer opportunities, contact store manager Charlene Dailey at 239-775-0032.



DAVID LAWRENCE CENTER
Mental Health & Substance Abuse Services

6075 Bathey Lane • Naples, FL 34116

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